

**If you require emergency shelter or assistance, call or email us:  
416-979-5195  
CSDC@Ryerson.ca**

**The Centre for Student Development and Counselling can help if you are at risk of harm and are fleeing intolerable living conditions. Please mention that you may need emergency shelter when booking your appointment.**

**[www.torontomu.ca/student-wellbeing/counselling](http://www.torontomu.ca/student-wellbeing/counselling)**