

Updated: Aug. 2023

Build skills!

Future Smart

Professional Skills Development Program

Gain the skills needed to transition from graduate studies to successful careers.

torontomu.ca/future-smart

GRADSkills

Workshop series

Build your toolbox of professional skills and competencies and earn a digital badge.

torontomu.ca/grad-skills

Graduate Leadership Institute

Workshop series

Sessions empower graduate students through leadership, impact and skills development. Individual appointments available.

torontomu.ca/graduate-leadership-institute

GRADVision Fundamentals

Fall 2023

Experiential leadership program invites graduate students to consider solutions of transformative change for social issues.

torontomu.ca/grad-vision

Engage and connect!

GRAD Contests

Fall 2023

Annual contests showcase creativity and experiences of graduate students.

torontomu.ca/grad-contests

GRADTalks

Fall 2023 and Spring 2024

Fun, interactive events featuring expert speakers and contemporary topics.

torontomu.ca/grad-talks

GRADLeaders

Fall 2023

A changemaking leadership program with community-organizing training and professional development.

torontomu.ca/grad-leaders

3MT® (Three-Minute Thesis) Competition

Winter 2024

Present your research in three minutes or less using only one slide! Improve your presentation skills and win cash prizes!

torontomu.ca/3MT

Prioritize well-being!

Graduate Thriving in Action (GTiA)

Fall 2023

Join Dr. Diana Brecher and Venus Bali for a new wellness workshop series designed with graduate students and postdocs in mind.

torontomu.ca/thriving-in-action

GRAD Art Break

TBA

Recharge, rest and reflect with your peers through creative activities!

torontomu.ca/art-break

Graduate Student Guide

Explore an online guide summarizing the policies, fees, procedures and services you'll need to know as a Toronto Met graduate student.

torontomu.ca/graduate-student-guide

Graduate Scholarships and Awards

Find out about scholarships and awards available each academic year to graduate students.

torontomu.ca/grad-scholarships-awards

Significant Dates

See important dates and curriculum descriptions for the academic year including fee deadlines, convocation and more.

torontomu.ca/grad-calendar

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